

Garden as a place for children

Children love nooks and crannies, places where they can explore, create and gain experience. The more possibilities and stimuli the garden offers, the better. There is a place where they can develop naturally, practice motor skills, train social tolerance and behavior, refine their senses. The stimuli pattern of nature helps preventing or curing attention deficit.



↑ The garden is a space for guided activities (teaching, therapy), but at the same time it is intended for children to play freely, without instructions. Just being present in a garden can have a therapeutic effect on an individual, even if specific therapeutic techniques are not being used to support them.



↑ Green spaces strengthen children, they become more resilient, and help them work better with stress, anxiety or depression.



→ The colourful garden encourages exploration, stimulates new questions and interests. We offer teenagers places where they can be both alone and together.



↑ The garden provides a place for group games and new experiences.

