

Garden

place for sensory activation

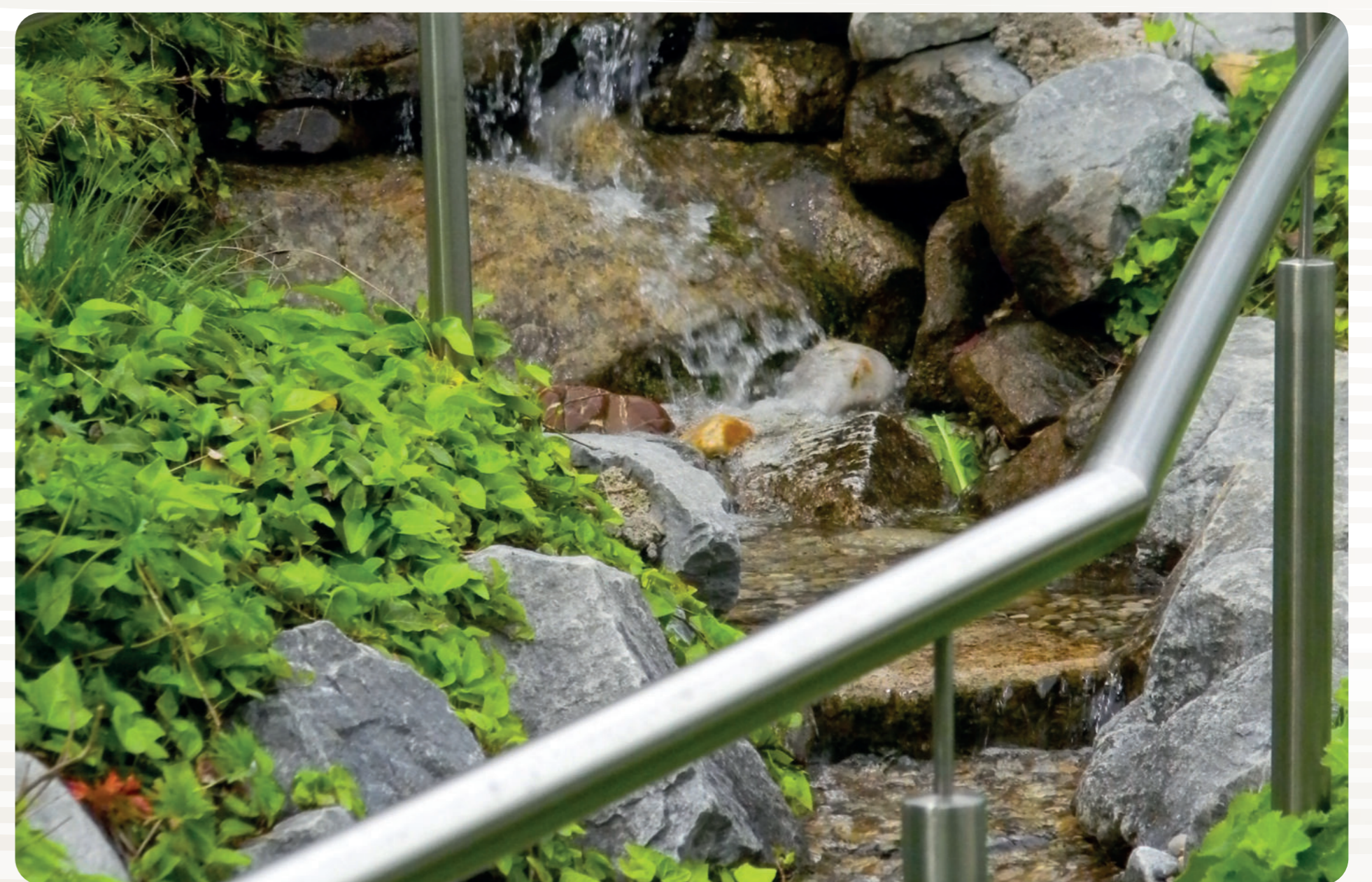
The garden and nature offer a wide range of sensory stimuli. Sensory perceptions are indispensable for the functioning of our brain. Elements are placed so to support sensory perception in the garden in such quantity that the garden is not oversaturated, but corresponds to the age, possibilities and experience of the users of the garden.



↑ We feel everything we touch with our hands, feet, face or other body parts. We use plants with interesting texture and structure. Using together our sensory organs is a good job for the brain, and has an overall developmental effect.



↑ The yellow and blue colors of the flowers are a suitable combination in gardens visited by people with visual impairments or decreasing visual abilities, for example in homes for the elderly.



↑ In the gardens, we can listen to the noises and sounds of nature, use auditory elements, flowing water will also serve as orientation. At the same time, targeted planting can eliminate street and city noise.

↓ Fragrant and aromatic substances have an effect on our psyche, they can stimulate and relax, they influence human bodily functions. Scents evoke memories.



↑ A sensory pathway with a surface of various textures and materials. If we cover our eyes and walk barefoot, we perceive the path more intensely. Tactile containers also use a moment of tension, sometimes even overcoming oneself.

